

First Parish Church of Stow and Acton
Kayaking and Canoe Trip July 23, 2016

Welcome to our 2016 First Parish Church summer trip! This is the 32st annual kayak and canoe trip. Our outfitter is the Contoocook River Canoe Company at 9 Horse Hill Road in Concord NH. For more information: <http://www.contoocookcanoe.com/> - Phone: 603-753-9804

Canoes & Kayaks: You can rent equipment or bring your own. Those renting canoes and/or kayaks will also be provided with instructions, paddles and life preservers. Children's sizes are available. The kayaks are 12' or 14' singles or doubles. There is a limit of two people per canoe, although one child up to 50lbs can be included in a canoe with two adults. Those taking the full trip with their own canoes can have Contoocook River Canoe shuttle your canoe for a fee.

Full Trip Group: Meet at the Contoocook River Canoe Company (CRC) by 8 am to be briefed, collect gear and be transported upriver at 9AM. CRC is 1.5 hours drive from Stow. The total canoe trip is 9 miles, starting at Contoocook Village at 9:30AM. You should be **able to paddle at walking speed** (2.5 mph) to do the full trip. We meet our Easy Upriver Group at a place called Daisy Beach for lunch around noon – there's a sandy beach and a rope swing there.

Easy Upriver Group: You will launch your own boat or a rental boat (see fees on form below) from the Contoocook River Canoe site and paddle upriver. There is very little current. To meet the Full Trip Group for lunch at Daisy Point at noon **we estimate you should leave by 11-11:30**. If you are renting, plan to arrive 45 minutes before departure (that is, by 10:15). Launch earlier if you are very inexperienced.

All: Assuming a 2 hour picnic, we estimate you will be back at the canoe company's beach by around 3 P.M. We are **not** having a picnic at the church afterward, as we did last year, so you need not rush back.

What to Bring: Water (2 quarts for full trip), Bathing suit & Towel, Sunglasses, Hat, Sunscreen, Insect repellent, Lunch, Trash bag, Extra change of clothes, River shoes, sandals or an old pair of shoes, Dry bag to keep items dry, Camera. If they will fit, bring folding chairs for lunch.

Costs: Fill out the sheet on the next page and send it with full payment and signed documents required by the outfitter to Katy Weeks or Dave Kay by Sunday, June 19.

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Name(s) including children: _____

Email address _____

Phone _____

Cell Phone you will carry with you on trip (if any) _____

	Number	Cost per item	\$ Total
FULL TRIP; Includes shuttle to launch point			
Canoe Rental & Shuttle		\$39	
Tandem Kayak Rental & Shuttle		\$39	
12' Single Kayak Rental & Shuttle		\$29	
14' Single Touring Kayak & Shuttle		\$34	
Have your own boat shuttled		\$10	
Third person in canoe		\$5	
EASY UPRIVER TRIP, launch from outfitter			
Canoe Rental		\$30	
Tandem Kayak Rental		\$30	
12' Single Kayak Rental		\$24	
14' Single Touring Kayak & Shuttle		\$28	
Launch your own boat from outfitter		\$10	
Suggested Optional Donation to FPC		\$20	
TOTAL \$	-	-	

- 1. Please pay total by check** to reserve your place (make check payable to FPC).
- 2. Read and sign the documents provided by Contoocook River Canoe Company; include children on your waiver.**
- 3. Give this sheet, signed documents, and payment** to Katy Weeks or Dave Kay by June 19.

Katy Weeks / Dave Kay (978-456-6832) 126 Mass. Ave., Harvard, MA 01451

Refunds will be given for changes up to 3 days in advance of the trip, and possibly for illness and other unforeseeable circumstances, if FPC is not charged. Some **financial aid** is available.