

October 8, 2023 10:00 am

Gathering

Legend

Sergei Prokofiev

Trevor Berens, piano

Prelude

Land Acknowledgement & Welcome

Meg Rivers-Wright,
Parish Administration & Membership

Opening Words

by Margaret Keip Rev. Dr. Cynthia L. Landrum

Chalice Lighting

by George Kimmich Beach

* **Hymn #126**

Come thou fount of every blessing

Centering

* **Covenant and Affirmation**

Love is the spirit of this church,
and service its law.

This is our great covenant:
To dwell together in peace,
to seek the truth in love,
and to help one another.

From all that dwell below the skies
let words of love and peace arise.
Let joyful songs of praise be sung.
through every land, by every tongue.

Time for All Ages

Rayla D. Baldwin-Mattson
Director of Religious Education

Going Forth With the Light

Joys and Sorrows

Ann Wickham, Lay Minister

Meditation/Prayer

"What Is Holy"
by Richard S. Gilbert

* **Hymn #108**

My Life Flows On in Endless Song

* *Rise in Body and Spirit*

Exploring

Reading

excerpt from *Gitanjali*
by Rabindrinath Tagore

Sharing Our Gifts

This month at FPC we share our weekly offering with Out MetroWest (see insert).
You may donate with a check made out to First Parish Church,
online at <https://fpc-stow-acton.org/donate>, or text to (978) 310-3309.

Offertory

Wasserklavier
Luciano Berio

Trevor Berens, piano

Sermon

“Spiritual Types Part II: Rev. Dr. Cynthia L. Landrum
Harmony”

Returning

* **Hymn #298**

Wake Now My Senses (vv 1, 3, 4, 5)

* **Benediction**

by Sarah Moores York

* **Closing Song**

Peace be with you ‘til we meet again!
As life lays its task before you,
keep love’s banner floating o’er you.
Peace be with you ‘till we meet again.

Postlude

Ondine
Claude Debussy

Trevor Berens, piano

Thank you to:
Kim Kinnear, Zoom Host
Hector Constantzos, Tech Helper
Peter Fiske and Marion Scott, Ushers
Rick Lent and Sharon Brownfield, Coffee Hour Hosts
and our staff and leadership



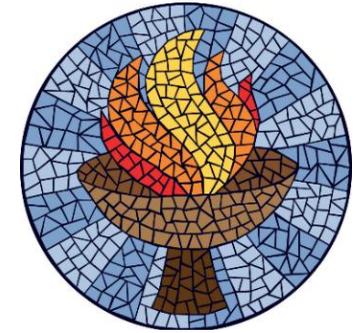
How to Connect with First Parish Church:

- Sign our visitor log at tinyurl.com/visitfpc:
We'll send you information on request.
- Come to Sunday's 10 am service and 11 am social hour, in person or online.
- Subscribe to our publications...
The Chronicle - monthly e-newsletter
This Week at FPC - weekly e-newsletter
FPCAnnounce & FPCForum - e-mail groups



...all at <https://www.fpc-stow-acton.org/subscribe-newsletters>.

**FIRST PARISH
CHURCH
OF STOW & ACTON**
Unitarian Universalist



Sunday, October 8, 2023

The Rev. Dr. Cynthia L. Landrum
Minister

Meg Rivers-Wright
Administration and Membership
Rayla D. Baldwin-Mattson
Director of Religious Education

Chris Hossfeld
Music Director
Trevor Berens
Accompanist
Cindy Koegler
Youth Coordinator

Mike Silkonis
Sexton

Janet Beatrice
External Publicity
Jenni Edgerton
President

Brendon Chetwynd
Vice President
Bill Froberg
Treasurer
Johanna Pyle
Clerk

*First Parish is a Unitarian Universalist Association Welcoming Congregation.
We warmly welcome gay, lesbian, bisexual, and transgender people into our community.*

To help everyone be a part of worship in the fullest way possible,
large print orders of service and hymnals are available from an usher.
Assisted Listening Devices are available when worship is in the Sanctuary.

FPC currently has a masks-optional policy throughout the church.
We have designated several rows in the back of the Sanctuary as "mask-required."
These seats are a greater distance from unmasked speakers and the choir, and
include accessible seating.

FPC is on the web at [fpc-stow-acton.org](https://www.fpc-stow-acton.org) and on Facebook.

ONLINE SUPPLEMENT PAGE: Information for folks joining us online

1. Closed captioning is available for FPC's online services. If you don't see captions on your screen, you can use the button at the bottom of your screen to request that the host turn them on.
2. Today's Zoom Host is **Kim Kinnear**.
3. Hymn lyrics will be in a slide presentation today.



Sharing Our Gifts

If you are mailing a pledge or a donation, here is the information:

Pledges:

Attn: Pledge Secretary
PO Box 215
Stow, MA 01775

Donations:

Attn: Treasurer
353 Great Rd
Stow, MA 01775

Announcements begin on next page

** Rise in Body and Spirit*

October Plate Sharing:



Out MetroWest is a non-profit organization that offers free programs for LGBTQ+ young people from pre-K through high school, including specific programs for trans and gender expansive children and youth. Out MetroWest offers a safe and welcoming physical space for youth and their families to be themselves, to find friends and support. Out MetroWest offers nearly 20 programs each month at 6 locations including their center in Framingham and satellite locations in Acton, Medway, Needham, Waltham and Westborough. The director of Out MetroWest is FPC's former Youth Coordinator, Whitney Retallic. For more information see OUTMetrowest.org.



Land Acknowledgement

‡ We would like to acknowledge that this service is being held by a community that gathers on the stolen traditional lands of the Massachusett, Nipmuc, Pawtucket, and Wampanoag People.

‡ We pay respect to those Indigenous Peoples who lost their lives in the colonization of this land and recognize that these Indigenous tribes are still today facing violations of sovereignty, territory, and water.

‡ We also give thanks for the Earth we walk upon, the waters, the lifegiving plants, and all the Earth's creatures, as well as the winds, sun, moon, and stars.

‡ We recognize that this is just a first step in moving toward right relationship with Native peoples and healing of the Earth.



10/15 Next Sunday's Service: 10am, Sanctuary/Online/Phone

"Connected" – Kathryn Denney, director of the pandemic "Driveway Choir" experience, talks about the values and creation process involved in her musical, "Connected," and about transgender youth, generational struggles, and how we're all connected. Featuring music from the musical.

* *Rise in Body and Spirit*

Today at FPC

10 am....**Apple Pie Sales**, Pie Shed in front of FPC until 1pm or when pies run out

Service, Sanctuary/online

11 am....**Coffee Hour**, Fellowship Hall

12 pm....**Spiritual Conversations Through Poetry**, Parlor/online

1-3 pm...**Free Seminar: Senior Living Options in MetroWest Area**, Fellowship Hall:

Representatives from several local Senior Living communities including...

- New Horizons in Marlboro
- Camellia Gardens in Maynard
- Artisan in Hudson

... will provide a brief overview of their

- Communities
- Accommodations Benefits
- Activities
- Professional medical staff

PLUS:

- Connect with key individuals in these communities
- Learn about the differences between...
independent living – assisted living – nursing care – memory care
...and which of those facilities accommodate all or only some levels of care
- Q & A session with panelists

Sponsored by the FPC Endowment Committee.

Questions: John Kendrick, 202-368-6790 or johnburkskendrick@gmail.com.

Please note that masks are optional in some Religious Education classes, but required in others, based on family needs. Nursery care is available for all services, provided by a trained nursery care staff member and a volunteer.

Children (PreK-Gr.1 & Gr.2-5)	Possible joint classes,
Junior Youth (Gr. 6-8)	RE craft day,
Explorations for High School	Indigenous Peoples' Day

Club UU this Fri, 10/13, 6:30-8:30pm

Our K-5 kids have a monthly social event just for them! Kids will enjoy fun science activities and games together in our lower social hall.

Halloween Party Coming Sunday, 10/29, Time TBD. We will be planning our gathering and haunted house during RE time this month. We are also looking for volunteers for the social time in Fellowship Hall.

**This Week in
Religious
Education**

This Week at FPC: October 9–14

9	OCT, MON	● 7 – 9pm	2nd Monday Group, SGM (Parlor)
		● 7 – 9pm	Jazz Band Rehearsal (Sanctuary)
10	OCT, TUE	● 10 – 11am	Coffee & Chat (Gazebo)
		● 7:30 – 9:30pm	Climate Task Force (online)
11	OCT, WED	● 5 – 7pm	Apple Pie Project: Dough Making (Hall Kitchen)
		● 7:30 – 8:30pm	Meditation (Fellowship Hall & online)
12	OCT, THU	● 5 – 6pm	Peace Vigil (outside)
		● 6 – 9pm	Apple Pie Project: Peeling (Vestry)
		● 7:15 – 9pm	Choir Practice (Hall)
13	OCT, FRI	● 6am – 1pm	Apple Pie Project: Baking (Hall & Kitchen)
		● 9:30 – 11:30am	2nd Friday Group, SGM (Community Room)
		● 12 – 8pm	Guest Table, prep-serve-clean (Hall/Kitchen)
		● 1 – 3:30pm	Bridge Group (Community Rm)
		● 6 – 8pm	Apple Pie Project: Bagging (Hall)
		● 6:30 – 8:30pm	Club UU (Vestry, Vestry Classroom, Youth Room)
14	OCT, SAT	● 10am – 1pm	Apple Pie Project: Pie Sales (Pie Shed)
		● 12 – 8pm	Memorial Reception for Jeanne Darlington (Hall)
		● 1 – 4pm	Memorial for Jeanne Darlington (Sanctuary)

* *Rise in Body and Spirit*

FPC Events

Spiritual Conversations through Poetry TODAY, Sun 10/8, 12-1 pm, Parlor/online
 Our first of this church year! Engage w/others through a poem – read it, listen to it, let it bring new insights, and respond to it: <https://tinyurl.com/FPC-SCTP>
 Contact Hector Constantzos at Hconstantzos@gmail.com with questions.

Jazz Band Rehearsal Mon 10/8, 7-9 pm, Sanctuary
 Please contact Michael Paladini at mwpaladini@gmail.com for more information.

FPC Guest Table: *Fostering community by sharing a meal* Fri 10/13, Hall
 Doors open at 5pm, food served at 5:30. Menu: salad, hearty lentil soup, rolls, baked goods dessert. All are welcome - no charge.

Club UU Fri 10/13, 6:30-8:30 pm, Vestry classrooms (See *RE* section for details.)

Memorial Garden Volunteer Event –
Last one before Dedication
Sunday after next, 10/22, right after service:
We're Planting!!

THANK YOU to those who helped during our last garden work event!
Our Memorial Garden dedication is on November 5th during our All-Souls service.
 To ensure readiness, the Memorial Garden Committee is holding one more volunteer event. We would love a crowd to help!

- Weeding as planting prep
- Digging deep holes for, properly composting, and planting 8 big bushes, 16 perennials, and more pachysandra*
- Removing bittersweet from a Memorial Garden tree
- Laying river rock in our ceremonial All-Souls Bed
- Come dressed accordingly, even if to simply watch and add moral support.
- We have latex gloves and ample tools; feel free to bring your favorites
- Please contact Sonja at sonja.furneau@gmail.com if you have any questions about the event.

*Yes, we need more!!! The bed is huge, and we need coverage, so your pachysandra donations are critical. Please bring what you can spare to the event or drop it off the Friday 10/20 or Saturday 10/21 prior in front of the landscape bay.