October 15, 2023 10:00 am

Gathering

Prelude "The Split Generation"

from *Connected: The Musical* by Kathryn Denney

Trevor Berens, piano

Land Acknowledgement & Welcome

Marcia Allison, Worship Committee

FPC Adult Choir

Introit "You're Gonna Fly"

from Connected: The Musical

Trevor Berens, piano

by Kathryn Denney

Opening Words Kathryn Denney

Chalice Lighting

* **Hymn 188** Come, Come whoever you are

Centering

* Covenant and Affirmation

Love is the spirit of this church,

and service its law.
This is our great covenant:

To dwell together in peace, to seek the truth in love,

and to help one another.

Diverse in culture, nation race, We come together by your grace.

O let us be a meeting ground

Where hope and healing love are found.

Time for All Ages When Aidan Became a Brother

Thalia Hyland

by Kyle Lukoff (Author) & Kaylani Juanita (Illustrator)

Going Forth with the Light

* Rise in Body and Spirit

Joys and Sorrows

Ingrid Holcomb, Lay Minister

Meditation/Prayer

Introduction to Offering

Karen Kinnear

Sharing Our Gifts

This month at FPC we share our weekly offering with <u>Out MetroWest</u> (see insert). You may donate with a check made out to First Parish Church, online at https://fpc-stow-acton.org/donate, or text to (978) 310-3309.

Anthem "Bursting with Pride"

from Connected: The Musical

FPC Adult Choir Trevor Berens, piano

Katy Weeks

by Kathryn Denney

Reading Excerpt from *Agaric*

by Raven Adrielle

My Pride and Joy Kathryn Denney

from Connected: The Musical by Kathryn Denney

Exploring

Sermon Kathryn Denney

Returning

* **Hymn #170** Singing for Our Lives

* Closing Words

* Solo

Postlude Act 2 Finale

from *Connected: The Musical* by Kathryn Denney

Trevor Berens, piano

For more valuable information on transgender resources,

OB

Thank you to:

Kim Kinnear, Zoom Host
Hector Constantzos, Tech Helper
Kate Imhoff, Nick Francis, Ushers
Mark Kenig, Troy Liston, & Brendon Chetwynd, Coffee Hour Hosts
and our staff and leadership
Our flowers today are given by Martha Morrison

OB

How to Connect with First Parish Church:

☐ Sign our visitor log at tinyurl.com/visitfpc: We'll send you information on request.



- Come to Sunday's 10 am service and 11 am social hour, in person or online.
- ☐ Subscribe to our publications...

 The Chronicle monthly e-newsletter

 This Week at FPC weekly e-newsletter

 FPCAnnounce & FPCForum e-mail groups

...all at https://www.fpc-stow-acton.org/subscribe-newsletters.

FIRST PARISH CHURCH OF STOW & ACTON

Unitarian Universalist



Sunday, October 15, 2023

The Rev. Dr. Cynthia L. Landrum

Minister

Meg Rivers-Wright

Administration and Membership

Rayla D. Baldwin-Mattson

Director of Religious Education

Chris Hossfeld

Music Director

Trevor Berens

Accompanist

Cindy Koegler

Youth Coordinator

Mike Silkonis

Sexton

Janet Beatrice

External Publicity

Jenni Edgerton

President

Brendon Chetwynd

Vice President

Bill Froberg

Treasurer

Johanna Pyle

Clerk

First Parish is a Unitarian Universalist Association Welcoming Congregation. We warmly welcome gay, lesbian, bisexual, and transgender people into our community.

To help everyone be a part of worship in the fullest way possible, large print orders of service and hymnals are available from an usher. Assisted Listening Devices are available when worship is in the Sanctuary.

FPC currently has a masks-optional policy throughout the church.

We have designated several rows in the back of the Sanctuary as "mask-required."

These seats are a greater distance from unmasked speakers and the choir, and include accessible seating.

FPC is on the web at fpc-stow-acton.org and on Facebook.

^{*} Rise in Body and Spirit

ONLINE SUPPLEMENT PAGE: Information for folks joining us online

1. <u>Closed captioning</u> is available for FPC's online services. If you don't see captions on your screen, you can use the button at the bottom of your screen to request that the host turn them on.



- 2. <u>Today's Zoom Host</u> is **Kim Kinnear.**
- 3. <u>Hymn lyrics</u> will be in a slide presentation today.

Sharing Our Gifts

If you are mailing a pledge or a donation, here is the information:

Pledges:Donations:Attn: Pledge SecretaryAttn: TreasurerPO Box 215353 Great RdStow, MA 01775Stow, MA 01775

^{*} Rise in Body and Spirit



October Plate Sharing:



Out MetroWest is a non-profit organization that offers free programs for LGBTQ+ young people from pre-K through high school, including specific programs for trans and gender expansive children and youth. Out MetroWest offers a safe and welcoming

physical space for youth and their families to be themselves, to find friends and support. Out MetroWest offers nearly 20 programs each month at 6 locations including their center in Framingham and satellite locations in Acton, Medway, Needham, Waltham and Westborough. The director of Out MetroWest is FPC's former Youth Coordinator, Whitney Retallic. For more information see OUTMetrowest.org.

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Land Acknowledgement

- * We would like to acknowledge that this service is being held by a community that gathers on the stolen traditional lands of the Massachusett, Nipmuc, Pawtucket, and Wampanoag People.
 - * We pay respect to those Indigenous Peoples who lost their lives in the colonization of this land and recognize that these Indigenous tribes are still today facing violations of sovereignty, territory, and water.
 - * We also give thanks for the Earth we walk upon, the waters, the lifegiving plants, and all the Earth's creatures, as well as the winds, sun, moon, and stars.
 - * We recognize that this is just a first step in moving toward right relationship with Native peoples and healing of the Earth.

Today at FPC

10 am.....Service, Sanctuary/online

....Apple Pie Sales - Final! Pie Shed in front, until 1pm or whenever pies are gone

11 am.....Coffee Hour, Fellowship Hall

2 pm.....Walk Against Hate, Acton-Boxboro Regional High School, Upper Gym 7-8 pm....Artist's Way Practice, online

*1-2:30 pm....Free Seminar: Local Services Available to Seniors, Fellowship Hall

<u>Janice Long, Director of the Hudson Senior Center, & Anna Salomao, Social Services Associate</u>

will provide information on local services available to seniors, including...

- ✓ free senior transportation
- assistance with health care & health insurance issues
- ✓ field trips
- ✓ other entertainment options
- ✓ free help that is available for navigating Medicare

- ✓ health and wellness programs
- ✓ nutrition programs
- ✓ meals
- ✓ caregiver support
- ✓ outreach & referral services
- ✓ adult daycare
- ✓ social events

Sponsored by the FPC Endowment Committee. Questions: John Kendrick, 202-368-6790 or johnburkskendrick@gmail.com.

This Week in Religious Education

This Sunday the Junior Youth, 2nd-5th grades, and PreK-1st grades will all have class after a Time For All Ages

The DRE is currently away attending a UU professional conference in Milwaukee, WI. She will be back next week.

Last week, thanks to Rebecca
Stadolnik, the lower grades had a
successful fire drill with the Stow
Fire Department. The DRE would
like to thank her so much for all of her hard
work in keeping our congregation safe.



Please let the DRE, Youth Coordinator, or any member of the RE Committee know if you're interested in these volunteer opportunities. Thank you!

- 1) <u>Halloween celebration</u> on Sunday, October 29 at 5 pm. We need lots of help for the social time in Fellowship Hall.
- 2) <u>The Mummer's Play</u> We are so excited to hold this again in person this December! Please help or participate in the play.

^{*} Rise in Body and Spirit

This Week at FPC: October 16–21					
17 ост, тие	• 10 - 11am	Coffee & Chat (Gazebo)			
	• 11:30am – 1pm	Membership Committee mtg. online			
	• 7 – 9pm	3rd Tuesday Group, SGM (Community Room)			
	• 7 – 9pm	Board of Trustees Mtg. (Fellowship Hall)Room)			
	• 7 – 9pm	FPC Social Justice Fall meeting			
18 oct, wed	 All day 	The Chronicle: Submission Deadline for next month's issue			
	• 12 – 1pm	Worship Committee (online)			
	• 7 – 9pm	Ukulele Meetup (Comm Rm)			
	• 7:30 – 9:30pm	3rd Wednesday Group, SGM (Community Room)			
	• 7:30 – 8:30pm	Meditation (Fellowship Hall & online)			
19 ост, тни	• 9:30 – 11:30am	Archives Committee (Hall)			
	• 1:30 – 2:30pm	Arts Committee mtg. (online via Zoom)			
	• 5 – 6pm	Peace Vigil (outside)			
	• 7:15 – 9pm	Choir Practice (Hall)			
	• 7:30 – 9:30pm	3rd Thursday Group, SGM (Community Room)			
20 oct, fri	● 1 - 3:30pm	Bridge Group (Community Rm)			
21 ост, ѕат	• 9 – 10am	Garden Conversations (online)			

10/22 Next Sunday's Service: 10am, Sanctuary/Online/Phone

"Fall Sermon Series on Spiritual Practice Types, Part 3: Unity"
Our four-part sermon series on spiritual practice types and connecting them to personality types continues with the "Journey of Unity."

FPC Upcoming Events

Live links in our weekly e-newsletter, *This Week at FPC*.

<u>Ukelele Meetup</u> <u>Wed 10/18</u>, 7-9 pm, Community Room Ukulele group monthly meeting. Come and play...with a Halloween theme!

Garden Conversations Sat, 10/21, 9 am, Online

Please join us to share questions, tips and sometimes resources for the gardening season. Gardeners with all levels of experience are invited to join the conversation. Contact Rick Lent at rickmlent@gmail.com for the Zoom link.

Reading & Meditation Every Wed 10/18-12/20 (except 11/22), in Fellowship Hall 6:40 - 7:20 pm Gather to read and discuss *A Path with a Heart*, by Jack Kornfield 7:20 - 7:30 pm Transition break 7:30 - 8:45 pm Meditation

Memorial Garden Planting Event Next Sun, 10/22, right after service

FPC's Memorial Garden Dedication will take place on Nov 5		Plant 8 big bushes, 16 perennials, and more pachysandra: **	Come dressed accordingly.
during the All-Souls service. To ensure the garden's readiness, the Memorial Garden Committee is holding one more volunteer event. We would love a crowd to help with these jobs		Remove bittersweet from a tree	We have latex gloves & ample tools, or feel free to bring your own.
		<u>Lay</u> river rock in our ceremonial All-Souls bed	Contact sonja.furneaux@ gmail.com with questions.

*Yes, we need more! The bed is huge, and we need coverage, so your pachysandra donations are critical. Please bring what you can spare to the event or drop it off the Friday (10/20) or Saturday (10/21) prior in front of the landscape bay.

^{*} Rise in Body and Spirit