Sunday October 30, 2022 10:00 AM

Gathering

Prelude Prelude in C Major Sanghee Kim, piano J. S. Bach

Land Acknowledgement, Welcome & Announcements

Sue Moses, Lay Minister

Greet Your Neighbor

Opening Words The Rev. Dr. Cynthia L. Landrum

Chalice Lighting

* **Hymn** #103 For All the Saints

* Covenant

Love is the spirit of this church, and service its law.
This is our great covenant:
To dwell together in peace, to seek the truth in love, and to help one another.

* Affirmation #375

From all that dwell below the skies let words of love and peace arise. Let joyful songs of praise be sung, through every land, by every tongue.

Centering

Message for All Ages

Marissa Evans,
Acting Director of Religious Education

Going Forth with the Light

Jovs and Sorrows Carolyn Zettler, Lay Minister

Prayer or Meditation

The Rev. Dr. Cynthia L. Landrum

* Hvmn #86

Blessed Spirit of My Life

Exploring

Reflections The Rev. Dr. Cynthia L. Landrum

Sharing Our Gifts

This month we share our weekly offering with OUT Metrowest

Checks may be made to "First Parish Church" or donate online at https://fpc-stow-acton.org/donate or by text to (978) 310-3309.

Anthem

Earth Song

FPC Adult Choir

by Frank Ticheli

Altar of Remembrance

In Memoriam

Blessing and Dedication

Returning

* **Hymn** #412 Let Hope and Sorrow Now Unite

* **Benediction** The Rev. Dr. Cynthia L. Landrum

* Closing Song

Peace be with you 'til we meet again! As life lays its task before you, keep love's banner floating o'er you. Peace be with you 'till we meet again.

Postlude Sweet Nightingale Sanghee Kim, piano

Southern France folk tune Lamplighter's Hornpipe American fiddle tune

Please follow us to the Memorial Garden area, bringing the rocks from the altar, for a brief ceremon

^{*} Please rise in body or in spirit.

OB

Thank you to:
Kim Kinnear, Zoom Host,
Mark Koenig & Troy Liston, Ushers
FPC Adult Choir, Songleaders
Peter Fiske, Coffee Hour Host
and to our staff and leadership

Our flowers today are given by David Kay & Katy Weeks, in celebration of music.

OB

Connect with First Parish Church

Services Sunday at 10 am, in person and online

Subscribe to

The Chronicle, our monthly emailed newsletter, This Week at FPC, our weekly Friday email, and our email groups FPC Announce and FPC Forum, all at https://www.fpc-stow-acton.org/subscribe-newsletters

Land Acknowledgement

We would like to acknowledge that this service is being held by a community that gathers on the stolen traditional lands of the Massachusett, Nipmuc, Pawtucket, and Wampanoag People. We pay respect to those Indigenous Peoples who lost their lives in the colonization of this land and recognize that these Indigenous tribes are still today facing violations of sovereignty, territory, and water. We also give thanks for the Earth we walk upon, the waters, the lifegiving plants, and all the Earth's creatures, as well as the winds, sun, moon, and stars. We recognize this is just a first step in moving toward right relationship with Native peoples and healing of the Earth.

FIRST PARISH CHURCH OF STOW & ACTON

Unitarian Universalist



Sunday, October 30, 2022

The Rev. Dr. Cynthia L. Landrum, Minister
Marissa Evans, Acting Director of Religious Education
Marie Egan, Temporary Parish Administrator
Brad Dumont, Music Director
Sanghee Kim, Organist/Pianist
Mike Silkonis, Sexton
Ben Child, Tech Assistant
Janet Beatrice, External Publicity
Sharon Brownfield, President
Jenni Edgerton, Vice President
Bill Froberg, Treasurer
Johanna Pyle, Clerk

First Parish is a Unitarian Universalist Association Welcoming Congregation.

We warmly welcome gay, lesbian, bisexual, and transgender people into our community.

Large print orders of service and hymnals are available from an usher to help everyone be a part of worship in the fullest way possible. Assisted Listening Devices (portable radios) are available in the sanctuary and work throughout the building for people who need to step out during the service for any reason. Ask an usher for details.

On the web at fpc-stow-acton.org and on Facebook.

ONLINE SUPPLEMENT PAGE

This page contains information specifically for folks joining us online!

Today's Online Helpers
Zoom Host: Kim Kinnear
Online Greeter:

FPC now has a closed captioning option in online services. If the Closed Captioning option is not turned on, you can use the button at the bottom of your screen to request that the host turn it on.

For All the Saints

Hymn ##103

1 For all the saints who from their labors rest, who thee by faith before the world confessed, thy name most holy be forever blest.
Alleluia! Alleluia!

2 Thou wast their rock, their shelter, and their might; their strength and solace in the well-fought fight; thou, in the darkness deep their one true light.

Alleluia! Alleluia!

3 O blest communion of the saints divine! We live in struggle, they in glory shine; yet all are one in thee, for all are thine. Alleluia! Alleluia!

4 And when the strife is fierce, the conflict long, steals on the ear the distant triumph-song, and hearts are brave again, and arms are strong. Alleluia! Alleluia!

Sharing Our Gifts

If you are mailing a pledge or a donation, here is the information: Pledges: attn: Pledge Secretary, PO Box 215, Stow MA 01775 Donations: attn: Treasurer, 353 Great Rd, Stow MA 01775

Hymn #86

Blessed Spirit of My Life

1 Blessed Spirit of my life, give me strength through stress and strife; help me live with dignity; let me know serenity.
Fill me with a vision, clear my mind of fear and confusion.
When my thoughts flow restlessly, let peace find a home in me.

2 Spirit of great mystery, hear the still, small voice in me. Help me live my wordless creed as I comfort those in need. Fill me with compassion, be the source of my intuition. Then, when life is done for me, let love be my legacy.

Hymn #412 Let Hope And Sorrow Now Unite

1 Let hope and sorrow now unite to consecrate life's ending.
And praise good friends now gone from sight, though grief and loss are rending.
The story in a well-loved face, and years and days our thoughts retrace, are treasures worth repeating.

2 With faith, or doubt, or open mind we whisper life's great question.
The ebb and flow of space and time surpass our small perception; yet knowledge grows with joyful gains and finds out wonders far more strange than hopes of resurrection.

Plate Sharing This Month

OUT MetroWest



METROWEST

Out MetroWest is a non-profit organization that offers free programs for LGBTQ+ young people from pre-K through high school, including specific programs for trans and gender expansive children and youth.

Out MetroWest offers a safe and welcoming physical space for youth and their families to be themselves, to find friends and support.

Out MetroWest offers nearly 20 programs each month at 6 locations including their center in Framingham and satellite locations in Acton, Medway, Needham, Waltham, and Westborough.

The director of Out MetroWest is FPC's former Youth Coordinator - Whitney Retallic. For more information see OUTMetrowest.org

Coffee and Chat Tuesdays 10 - 11 am

Meet at the Town Park adjacent to FPC. Everyone welcome. Bring your own coffee! *Ann Sadler*

Meditation Wednesdays 7:30-8:30 pm Hall and online

Everyone welcome. Contact meditation@fpc-stow-acton.org for more information

Peace Vigil Thursdays 5 – 6 pm

Meet between Common Road and Great Road in front of FPC. Everyone welcome. Contact Neil Saunders neilsaund@verizon.net for more information.

FPC Announcements: October 30, 2022

Today at FPC

10 am Service, Sanctuary and Online10:15 Religious Ed dismissed from Sanctuary to classrooms11 am Coffee Hour, Representatives from Church Operations groups will be present

11 am Sanctuary Windows Tours

This Week in Religious Education

Classes start in Sanctuary and then are dismissed

PreK-1st grade and 2nd-5th grade classes will explore "Halloween Courage," our own fears, and respecting all of the different feelings people have on Halloween.

Junior & Senior Youth can take a Sunday off after the haunted house events of this weekend, stay to enjoy worship service, or help out in a younger RE class.

Upcoming Event: Club UU Talent Show Nov. 18. Start practicing!

Journey to Net Zero: Sanctuary Windows

The church passed a resolution to get to Net Zero by 2030. One area to be addressed is the sanctuary windows. Because the windows in the sanctuary are drafty, we are heating and cooling the outdoors thus wasting electricity and paying more than we need. Join Jeff Brown and members of the Climate Task Force as we answer questions and offer tours of the sanctuary on Oct. 30 to point out the deficiencies of the windows and plans for improvements.

Bridge Group – First Meeting Nov 4

The Bridge Group is ready to restart in person meetings, every Friday 12:30-3:30 pm in the Community Room. If you like to play bridge and are at least a moderate player, then this is the group for you. Add yourself to bridge@fpc.groups.io, or email Hector Constantzos Hconstantzos@gmail.com with any questions.

This Week at FPC October 31-Nov 5

Monday Sounds of Stow Rehearsal 7-9 pm Hall

Tuesday Coffee and Chat 10-11 am Town Park Gazebo

"Raising Anti-Racist Kids" Watch Party with Rebekah Gienapp 7-8:30 pm Fellowship Hall

Book Group 7pm online

Wednesday Membership Committee 7-9 pm online

Social Justice Council 7-9 pm online RE Meeting 7-9 pm Community Room Meditation 7:30-8:30 Hall and online

Thursday Archives 9:30-11:30 am Vestry

Peace Vigil 5-6 pm In front of FPC

SGM Facilitators 6-8 pm Community Room

Choir Rehearsal 7:15-9 pm Sanctuary

Friday First Meeting Bridge Group 12:30-3:30 Comm Rm

Saturday Daylight Savings Time Ends:

Switch clocks back one hour before going to bed

Next Sunday's Service November 6, 2022

On the Edge of Change - The Rev. Dr. Cynthia L. Landrum

Things are changing all around. In this sermon after the midterm elections, and as we're coming back from pandemic, we'll look at positive changes, negative changes, and how we respond as a faith community. We may also take a brief look at the UUA's Article II Commission's proposed revisions of the UUA principles.

Join Worship by Video: https://tinyurl.com/2223fpc

Meeting ID: 9990 7077 00266 Passcode: 01775

Join Worship by Phone: (929) 205-6099 (toll call)

Once-a-Month Open Choir November 6. Childcare provided.

Rehearse at 9 am, Sing at 10 am Service. ALL ARE

WELCOME! Even if you haven't sung in a choir before, we will encourage you to try at your comfort level and have you stand near people who can help support you. Brad btdumont@gmail.com

Additional Announcements

"Raising Anti-Racist Kids" Watch Party with Rebekah Gienapp

Tuesday, November 1st, 7:00-8:30pm

In this workshop, parents and caregivers will learn strategies for discussing race with young people—particularly in a predominantly white community. This is a watch party for an online event and is open to the public; invite a friend! Childcare provided. Registration link in Friday's *This Week at FPC* and November's *The Chronicle*.

FPC Book Group

Tuesday November 1, 7 pm on-line. *The Island of Sea Women* by Lisa See Contact Sharon Brownfield, sharonbrownfield@gmail.com, for more information or the link.

Potluck Reception with the Rev. Dr. Petr Samojský

Tuesday November 8, 6 pm Fellowship Hall

Dr. Petr Samojský has come from Prague to learn more about our own Rev. Hvězdoň (Don) Kafka. We will have a potluck reception followed by a time of group sharing of memories of Rev. Don and a performance by our choir. Watch for more details and sign-up information coming out soon! See November's *The Chronicle* for Rev. Petr's questions, and if you find you have an answer to one or two of them, you're a great candidate to sign up for a time to talk outside of the reception!

Holiday Gift Drive for Residents of Domestic Violence Shelters Coming Soon!

First Annual FPC Art Gallery Showing

March 17-19, 2023. Watch FPC Announce for Application Form. Deadline to apply Jan 13, 2023. More info in November's *The Chronicle*.