

## Every Week at FPC

REV. CYNTHIA LANDRUM

# SABBATICAL

JANUARY 1ST - APRIL 30TH

A sabbatical is a very old concept that relates to a period of rest or change. The word "sabbatical," meaning a rest after six years of work, relates to the term "Sabbath," a day of rest after six days of work.

## FREQUENTLY ASKED QUESTIONS

### What about Sunday Services?

Services will be led by our Sabbatical Minister Rev. Susan Suchocki Brown as well as guest speakers from different World Religions.

### What are Rev. Cindy's plans?

Continued study in:  
Fat Liberation  
Zentangling  
Family Origin

### Who can contact Cindy?

Selected members of the Board, Sabbatical Committee, and Committee on Ministry

### SABBATICAL COMMITTEE

Hector Constantzos  
Trisha Guditz  
Lindsay LaPointe  
June McKnight  
Ann Sadler



### TUESDAYS Coffee and Chat 10-11 am

Meet at the Town Park adjacent to FPC.

Everyone is welcome.

Bring your own coffee and dress warmly!

~Ann Sadler

### WEDNESDAYS Reading and Meditation 6:40-8:45 pm,

Fellowship Hall/online

6:40-7:20 pm Read & discuss *The Experience of Insight*, by Joseph Goldstein

7:20-7:30 pm Transition break

7:30-8:45 pm Meditation

### THURSDAYS

#### ► Peace Vigil 5-6 pm,

in front of FPC on the Stow Common

Everyone welcome. For more information contact

Neil Saunders [neilsaund@verizon.net](mailto:neilsaund@verizon.net)

#### ► Choir Practice 7-9:30 pm in Fellowship Hall

Join the choir!

[music@fpc-stow-acton.org](mailto:music@fpc-stow-acton.org)

### FRIDAYS Bridge Group 1-3:30 pm, Community Room

If you like to play bridge, are at least a moderate player, and prefer to do it in person, then this is the group for you. Join [bridge@fpc.groups.io](mailto:bridge@fpc.groups.io) for updates.

Email Hector Constantzos at [Hconstantzos@gmail.com](mailto:Hconstantzos@gmail.com) with any questions or for help joining the email group.

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